

Beginner - MUST be 6 years of age. For the child with very little or no prior swimming experience or not yet passed ARC Level II. Not yet deep-water ready. Skills learned correlate with ARC Levels I thru II.



Advanced - For the child who has successfully completed the ARC Level II or Beginner Test. The child will begin to learn the basic strokes of elementary back stroke, side stroke, front and back crawl, and breast stroke. In later levels stroke perfection, safety, survival skills, and diving will be emphasized. Skills learned correlate with ARC Levels III thru V. Three levels meet at this time: Advanced Beginners, Intermediate and Swimmers. The swimmers class will meet 9AM to noon the first day. The schedule for the class will then be established based upon class size and subject to change as the overall participants in lessons adjusts. This class meets requirements for Scout Swim Merit Badge.



Instructors Aide - For the child who has successfully completed the AGRA Swimmers Course. Participants must be 11 years of age and have completed the Basic Water Safety class or be concurrently enrolled in the Course. Participants will be taught how to assist the instructors with skill instruction and will actively assist with lessons in the morning. This class meets from 9 AM to Noon for the duration of the morning. All Aides, new and old, will be required to stay until 1:00 PM the first day of classes. An additional 1 to 2 hours will also be required at the class's discretion.



Emergency Water Safety - For anyone 10 years or older. This ARC course provides individuals with the information and skills necessary to prevent, recognize and respond to aquatic emergencies. This course prepares individuals for aquatic emergencies by teaching them how to protect themselves while assisting others. Correct performance of strokes is required. *Fulfills requirements for Red Cross Water Safety Aid Certification and Scout Lifesaving Badge.*

* *If participating as an aide for the two week period, this class no charge.*



ATTENTION SCOUTS: Nadine Hook is a Chester County Merit Badge Counselor for Swim and Lifesaving. For swim badge, please contact her for individual needs at 717.529.2839. Passing the Emergency Water Safety Class is a requirement for the lifesaving badge. Cost: \$50 AGRA Member and \$60 Non-Member.

Special needs considerations should contact Nadine Hook to discuss accommodations that may be needed. If the child has a 1 on 1 aide, they should accompany that child to lessons.

Any questions, please contact Cheryl Doyle, AGRA Coordinator, Monday to Friday 9 AM to 6 PM at 610.869.0779 or agra638@comcast.net.



NOTICE: This activity is not a school district activity and is not sponsored by or endorsed by the Avon Grove School District. Any school district employees participating in this activity are doing so in their individual capacities and not as employees or agents of the school district. No student is required to participate in this activity and participation shall be voluntary. The school district has no control over or responsibility for this activity.

NOTICE: This activity is not sponsored or endorsed by the Avon Grove Charter School. The view expressed at this event are those of the organizer/presenter and do not necessarily reflect the views of the AGCS. Any AGCS employee participating in this activity is doing so in his/her individual capacity and not as an employee or agent of AGCS

AVON GROVE RECREATION ASSOCIATION

2023 Swim Program

Ten Lessons - July 10 to 14, July 17 to 21

Bicknell's Pool, Frog Hollow Road, Oxford, PA
South of Oxford off of Route 472
Nadine Hook, Head Pool Instructor

AGRA is now taking registration for its annual Learn to Swim program held at Bicknell's Pool. We provide an enjoyable Learn to Swim Program with proven professional methods and techniques. Our unique station approach allows for confidence building and children have shown to progress faster. An adequate instructor/student ratio is maintained throughout the duration of lessons. Our program is American Red Cross (ARC) affiliated and taught by certified ARC instructors and instructor-aides.

How to Register: June 3rd and 10th from 9:00 AM to 10:30 AM
Fred S. Engle Middle School outside gym area

June 8, 2023 from 6:00 PM to 7:30 PM
Outside Elk Ridge Elementary School, Oxford

By mail: AGRA
P. O. Box 638
Avondale, PA 19311

If registering by mail, make checks payable to AGRA. PLEASE be sure to include your child's name, age, telephone number and address so a swim card can be mailed back to you.

Courses and Fees: Beginner, Advanced, and Instructor Aide

(See reverse side for course descriptions and prerequisites)

AGRA member: \$65 per child for the first two children*

Non-member: \$70 per child for the first two children*

*\$25 per child for each additional child

Classes & Times: Children 6-18 years old - On the first day, children will be screened and put into a class appropriate for their current ability. Upon mastery of a skill the child will move onto the next skill level. Goggles and nose plugs are not permitted except for medical reasons.

A child must be able to handle group method teaching.

Morning Classes: Advanced Classes: 9 AM to 10:30 AM

For the child who has successfully completed ARC Level II/Beginners

Beginner Classes: 10:30 AM to 12:00

Evening Safety Classes: Emergency Water Safety July 12,13,14,15 6 to 8 PM

Fulfills requirements for Red Cross Water Safety Aide
Certification and Scout Lifesaving Badge