



THE DEVIL'S HERALD

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Avon Grove High School, West Grove, Pa.

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COMMUNITY

AG celebrates Women's History Month

By
Gaby Bellaver
Senior Editor

"Life was better when women were considered property," said no one ever. Well, unfortunately there were some people who shared this ideology. Their small-mindedness caused the suppression of women for centuries.

It has been through increased education, awareness, and an unfaltering resilience that women have slowly, but surely started being treated as equals.

National Women's History Month is marked on the calendar to showcase the often overlooked patronage of women. The movement grew out of a week-long celebration organized by a school in Sonoma, California in 1978, according to the History Channel.

By 1980, Jimmy Carter had made the week official and six years later it was added as a month-long observance.

"I think it's important to recognize that women have contributed to history and progress more than simply having child-bearing responsibilities," said Ms. Tzortzatos. "Thanks to their leadership and the pioneers that came before them, females now have a wider bandwidth to make greater contributions and continue the progress of those that came before us."

Mischa Behari believes Women's History Month is still relevant as so many female figures from history have been erased in favor of their male counterparts. These men have often claimed their achievements and get all of the praise.

"As we look back and find ourselves wondering, where were the women? The answer is clear: they are in the spaces between the words of the men that recorded history," said Behari.

Women's History Month brings forth a time to uncover these figures hidden between the cracks. While it's important to highlight all of the women, each year the National Women's History Alliance designs a theme. This year was "Celebrating Women



Who Tell Our Stories," in any and all forms of media, including but not limited to print, radio, TV, stage, screen, blogs, podcasts, news, and social media.

"One of my favorite figures is Michelle Yeoh," said Tanvi Joshi. "She broke barriers for countless women of color in the film industry through her influential career. Despite the challenges and hurdles she's faced, she became the first Asian American to win the Academy Award for Best Actress."

Although there are plenty of famous women that get highlighted, it's important to remember the everyday women who are making an impact.

CLASS OF 2023

Mr. Avon Grove returns to the stage



-Photo courtesy of the AGHS Yearbook

Nick Fancher presented his world-famous pizza recipe to the judges as his special talent at Mr. Avon Grove. Read more about the pageant on page 3.

TECHNOLOGY

A new era of artificial intelligence

ChatGPT comes with a caution

By
Ella Bartnik
Column

In the world of artificial intelligence, few entities have gained as much attention as ChatGPT - the massive language model trained by OpenAI. But did you know that ChatGPT has become something of a celebrity among high school students as well? This innovative AI has been making waves in classrooms across the country, inspiring students to explore the cutting-edge technology that's shaping our world. So what is it about ChatGPT that has captured the imagination of so many young minds? I set out to find the answers, and what I discovered might surprise you...

What may become the biggest surprise of all is that I, Ella Bartnik did not write this opening paragraph.

It was written by the new and quite impressive Open AI Chat GPT chatbox.

So if you don't already know,

ChatGPT is an AI chatbox that was developed by OpenAI and launched in November 2022.

The potential of this new form of AI is huge, and is likely to play an integral and transformative role in shaping our future, everything from how we communicate to how we learn and more importantly, what we learn.

This relatively new and extremely intelligent piece of AI has both pros and cons when looking at it through the perspective of how it will affect education now and in the near future.

ChatGPT can be used in many beneficial ways, like looking up a recipe for a strawberry shortcake:

Ingredients:

- 2 cups all-purpose flour
- 1/4 cup granulated sugar
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/2 cup unsalted butter, cold and cut into small pieces
- 2/3 cup heavy cream, plus extra for brushing
- 1 egg

- 1 teaspoon vanilla extract.
- 2 pints fresh strawberries, hulled and sliced
- 1/4 cup granulated sugar
- Whipped cream, for serving

Instructions:

Preheat the oven to 400°F. Line a baking sheet with parchment paper.

In a large bowl, whisk together the flour, sugar, baking powder, and salt.

Using a pastry cutter or your fingers, cut the butter into the flour mixture until it resembles coarse sand.

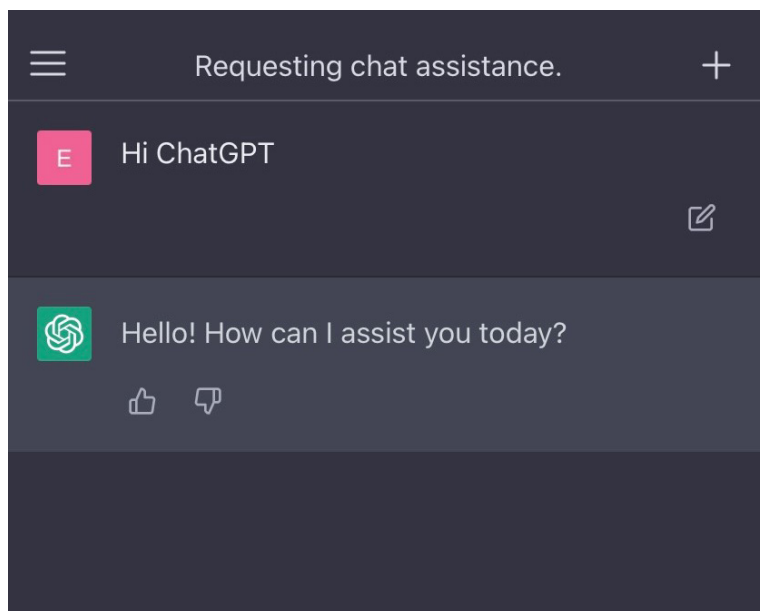
In a small bowl, whisk together the heavy cream, egg, and vanilla extract.

Add the cream mixture to the flour mixture and stir until just combined.

Turn the dough out onto a lightly floured surface and knead a few times until it comes together.

Roll out the dough to a thickness of about 1/2 inch. Cut out rounds using a 2-3 inch biscuit cutter.

Transfer the rounds to the pre-



pared baking sheet and brush the tops with a little extra heavy cream.

Bake for 15-18 minutes, or until the shortcakes are lightly golden brown.

While the shortcakes are baking, prepare the strawberries. In a me-

dium bowl, toss the sliced strawberries with the sugar until coated. Set aside.

SEE TECHNOLOGY PAGE 2



HERALD SPORTS

April 1

Boys Volleyball
at Kennett Classic, Kennett High School, 8:00a.m.
Girls Lacrosse
at Central Bucks South, 11:00a.m.

April 3

Boys Tennis
@ Bishop Shanahan,
3:30p.m.
Softball
@ Unionville, 3:45p.m.

Baseball
vs. Unionville, 3:45p.m.
Girls Lacrosse
vs. Downingtown East,
7:00p.m.

April 4

Softball
vs. Plymouth-Whitemarsh, 3:45p.m.
Boys Volleyball
@ Spring-Ford, 5:00p.m.

April 5

Boys Tennis
vs. Coatesville, 3:30p.m.
Track & Field
@ Rustin Invitational,
3:30p.m.

Baseball
vs. Penncrest, 3:45p.m.
Boys Lacrosse
@ Kennett, 7:00p.m.
Girls Lacrosse
vs. Kennett, 7:00p.m.

Spring sports are beginning to bud at Avon Grove

By
Maddie Butler
Editor

Birds are chirping, bees are buzzing, flowers are blooming, and baseball players are chewing sunflower seeds.

At 3:45p.m. on Friday, March 17, St. Patrick's Day, the varsity **baseball** team kicked off their regular season with their first game against Garnett Valley, which they won 9-2.

In order to secure this win, the baseball team worked hard during preseason, and has been preparing since January.

This prep has included early morning lifts on Tuesdays and Thursdays as well as voluntary workouts on Wednesdays and Fridays.

Head Coach John Bellaver is joined by assistant coaches Harwick, Bove, and O'Connor.

Owen Yoder, a senior at Avon Grove as well as the team captain, has also been a huge help in including the younger players.

Additionally, Coach Bellaver shared, Yoder has "done a really good job in his role" of organizing the team and making sure all 20 freshmen that came out were ready for the season.

This first game hopefully will set the tone for their season as they go on to play against more competitive teams such as West Chester Henderson, who is their regular rival, according to Coach Bellaver.

This season, Coach Bellaver wants to be competitive every game, which he hopes will bring them to the district playoffs.

The **girls lacrosse** team also had a good start to their

season with an 11-5 win against Collegium Charter School on Friday, March 17.

New to the team, Head Coach Carlee Costello has prepared her players for this season by "mainly trying to get to know the girls individually as players and personality-wise."

Coach Costello has used these preseason practices to see "who can work with who," and use that for incorporating new methods such as "two man games."

In order to achieve success this season, Coach Costello has worked to provide continuity between the junior varsity and varsity squads so that there is a more "supportive and balanced" environment.

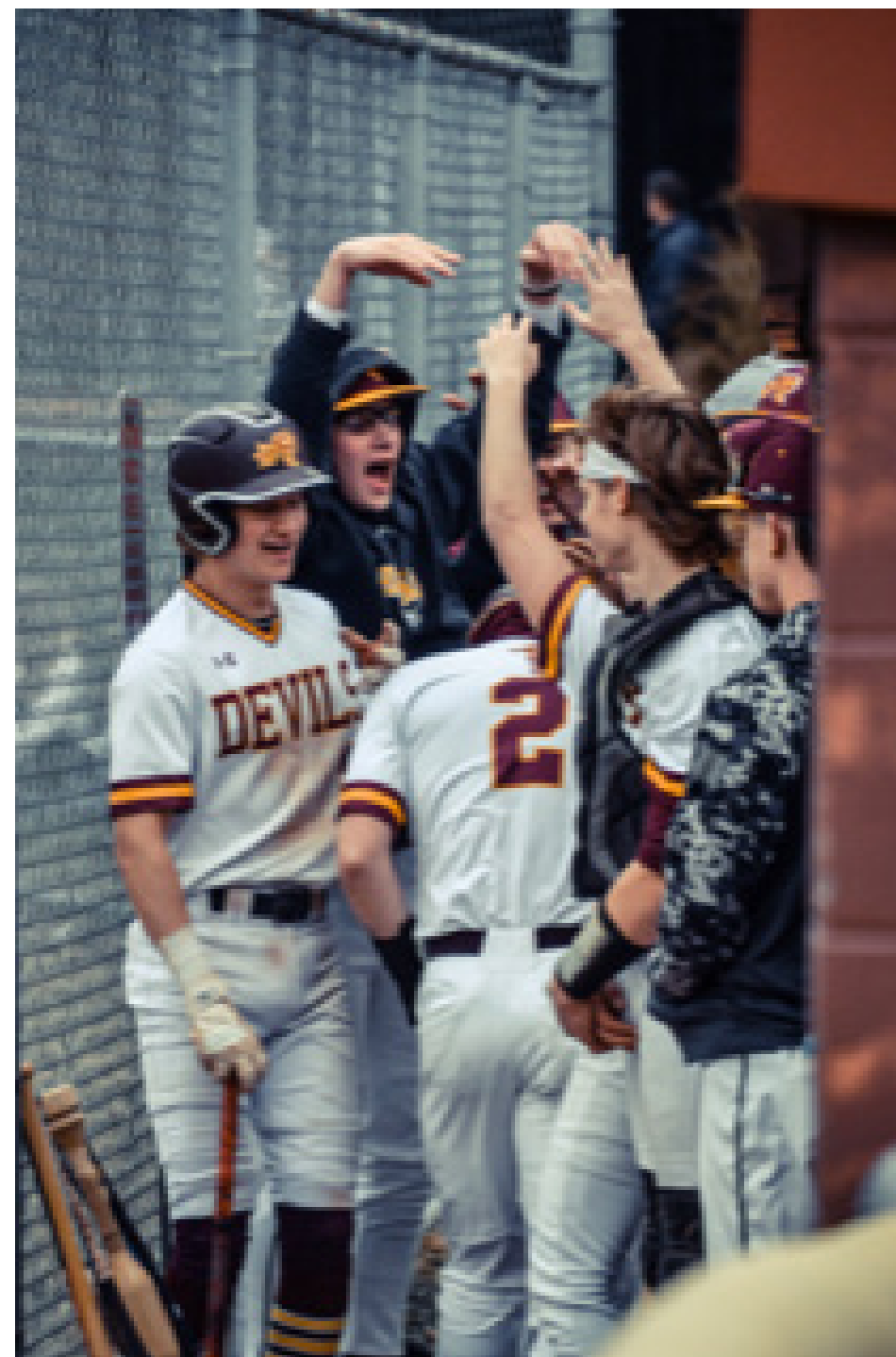
These methods represent their chosen word of the season: unity.

The importance of cementing this unity throughout the program as a whole was stressed by Coach Costello as she points out how the current underclassmen now are "the future of this program."

Coach Costello claims that there is a very bright future as the freshmen have become "more prepared to lead" through their spot on varsity.

The excellence of this freshman class is also very evident when looking at the roster for this year's varsity team, which includes six freshmen.

Through the hard work of the freshmen, Coach Costello has been able to develop a new mantra that "everyone is equal" regardless of a player's grade.



-Photo by Jack Calio

The baseball team celebrates their win against Garnett Valley on March 17.

Although head **softball** coach Andria Pannell has been with Avon Grove for numerous seasons, both assistant coaches this season are new to the team.

Neither, however, have had trouble adjusting to the group.

Assistant and pitching coach Maegen Kavanagh was able to "instantly connect with the student athletes," according to Coach Pannell as she recently graduated from West Chester University where she played for four years.

Although new to the high school team, Assistant Coach Pat Kelly "knows the kids through Little League," and "has been around forever."

Coach Pannell shares her confidence going into this season as "there is a lot of talent on the team" and they have been able to secure "a tradition of winning" throughout the season in the past.

Talent is abundant for the seniors on the team: Alexa Smith, Ana DiCampi, Jasmine Vitelli, and Melissa Sabastro.

Coach Pannell shared that these seniors have "gone to play-offs and have experience" with playing against higher-skilled opponents so they "know the expectation."

Not only does this team include strong senior players, but underclassmen as well have proved their competence on the field.

Sophomore Megan McKeown typically leads in the circle and has taken over pitching, and another sophomore, Michaela Sycalik is a catcher who is transitioning from third base, shares Coach Pannell.

Coach Pannell explained that they may be "young in certain aspects but have experience in this level."



-Photo courtesy of Eden Veenema

Some of the track and field team members at States last year along with Coach Broadbent, Coach Billig, Coach Iococca, and Coach Yanniccolo.



-Photo courtesy of Kody Parente

The boys lacrosse team after their final game last season, which ended with an 11-5 loss to Downingtown East.

Although neither of the **boys volleyball** team coaches are new to the sport, this is the first year that Head Coach Ashley Douglas and Assistant Coach Linda Landon have coached the team together.

Coach Douglas has coached the Avon Grove boys and girls teams in the past, while Coach Landon has coached the Avon Grove girls team.

The boys volleyball team is entering into the season well prepared, according to Assistant Coach Landon, as they have had open gyms and many players play on traveling teams during the off-season.

Assistant Coach Landon shared that although tryouts for the team produced small turnouts, several more players have joined since.

For this season, Assistant Coach Landon hopes to provide players with "the experience needed to compete and have confidence on the court."

The **boys lacrosse** team has taken a similar approach in preparing for this season as they have been focused on conditioning to get the team in sync.

"A core relationship" has been built throughout the preseason that Head Coach Brian Wallace hopes will allow for

"everyone" to "get better everyday." Preseason was also a good adjustment period for many freshmen who have joined the team.

Coach Wallace shares that the freshmen group is the "biggest we've had in a long time."

Luckily, the team has worked to "develop a culture" where "freshmen feel like seniors are their big brothers" who will always "take them under their wing," according to Coach Wallace.

As there are 19 seniors on the team this year, many have derived their motivation from their end to last season.

The team was able to make it to the second round of the district playoffs, but ended on a loss, so Coach Wallace is hopeful that they can "use it as fuel to get better."

Coach Wallace explained how they use every game as a "learning curve" to prepare them for conference games with other schools like Downingtown East, Downingtown West, and Conestoga.

Although Coach Wallace affirms that they "take [their] opponents all very seriously," he is excited to go

up against Kennett and Unionville.

Unlike the boys lacrosse team, Head Coach Diane Maund shared that the **boys tennis** team has had a harder time getting ready for the season due to bad weather, but has continued to practice indoors.

Currently, there are five seniors on the team, and most have been on the team for four years, according to Coach Maund.

Although their players are loyal, there were only two freshmen that came out for tryouts.

Coach Maund wants to continue to expand the program, so open hits are available to everyone in order to gather more interest for the sport.

For the season, Coach Maund shared her enthusiasm for playing the other teams within the "mushroom bowl," which includes Kennett, Oxford, and Coatesville.

She also wants to focus on getting back to districts, as they were able to do two seasons ago, but fell short last year.

The **track and field** team have prepared for the season in a number of ways depending on the group.

The sprint group, according to Head Coach Eric Broadbent, has focused mainly on technical work, while those within the distance group have run the stairs and the campus.

Coach Broadbent shared that those on the throwing team have had to get creative while they wait for the throwing circles to be installed at the new high school track.

This method of splitting up the team works best with such a large group as the current roster stands at 175 athletes.

However, Coach Broadbent adds that some consistencies do remain throughout the program in terms of prep for the season as all three groups have done relays, sprints, and lift weights.

Coach Broadbent shared that the team has continued to expand throughout the years as the largest percentage is from the freshman class for this season.

With many new to the program, they are still trying to determine their specific goals for the season, but predict that more signs will be given through upcoming meets, according to Coach Broadbent.

"The Ches-Mont League is always super competitive," with schools such as West Chester Rustin and Coatesville, but this "brings out the best competition-wise when you go up against the best," said Coach Broadbent.

Coach Broadbent wants as many athletes to make the league championship, Districts, and States as possible.

Last year the team was able to have representatives from

Volleyball coach returns

By Jackson Morris

There is an old saying that "if you want something done right, you have to do it yourself."

Head Coach Ashley Douglas has taken this quote to heart as she returned to Avon Grove for her second spell at coaching the Red Devils boys volleyball team.

Douglas spent her childhood within the Avon Grove community, even playing varsity volleyball for four years at Avon Grove High School. Douglas attended West Chester University and graduated in 2011.

After graduation, Douglas began her first tenure with the Red Devils until she temporarily stepped away in 2020.

Douglas also held a position on the coaching staff of the boy's team in 2017, where she got to meet some of the players she now coaches at "open gyms" and other team-related activities.

For Douglas, her blood has seemingly always bled maroon and gold.

"Coming here, graduating, coming back as a coach, and then coming back again this year, Avon Grove has always been and will continue to be an important part of my life."

Douglas says her goal as a coach outside of winning and competing is to try and get younger members of the community interested in playing volleyball.

"We are a very junior and senior-heavy team, so it is my hope that we can get some freshman and sophomores to come out to our open gyms in June and come be a part of our program for years to come."

At the time this story was written, the Red Devils are out to a rocky 0-2 start to their season. Their next home game will be on Tuesday, April 11 against Unionville.

all sectors of track and field (distance, sprinters, and throwers) make it to states and Coach Broadbent hopes the same can be true again this year.

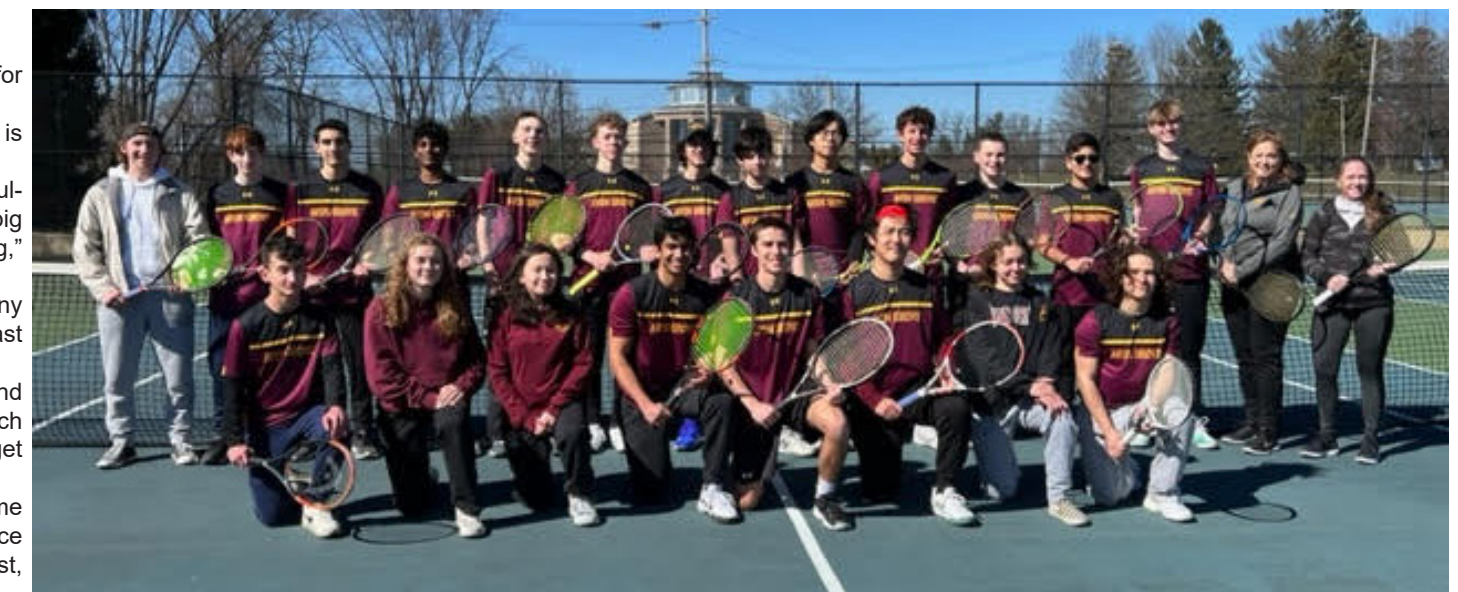
This season, Aria Hooybergs and Bailey Clarke are the top throwers with Paige Clarke, Eva Ciuffetelli, Bridget Keegan, Eden Veenema, Tyler Barton, as well as Connor and Nathaniel Reger on top of the sprint division, shares Coach Broadbent.

He also listed distance runners Gavin McGinn and Connor Britton as the top of their group.

Overall for the program, Coach Broadbent has high hopes for junior Connor Carroll, who is the top sprinter, and sophomore Lily Schindler, who excels at distance running.

No matter the team, a lot of work has gone into preparing for this season of spring sports.

Even those that are not on one of the teams for the spring season can contribute to their success through attending games and showing support.



-Photo courtesy of Coach Maund

The Avon Grove boys tennis team this year alongside Coach Maund and assistant coaches.