

PENN LONDON VOICE

May 1, 2009

Visit us on the web @www.avongrove.org\ples



ART SHOW

The first annual district-wide **art show will be held May 18th and 19th**, 6:30-8:00 PM, in the high school gym. The art showcases artwork by students from PLE, AGI, FSEMS, and AGHS.

FIELD DAY: In an effort to promote a healthy lifestyle and teamwork among students, we will be holding the 3rd Annual **Penn London Field Day, "Hawaiian Luau", on June 9th (Rain date on June 11th)**. We will need at least 100 volunteers to help with stations. A letter with more information and volunteer sign up sheet will be on the back of next week's Voice. **Just a reminder that all volunteers must have the proper clearances.**

2009-2010 DAYCARE

Parents--Is your child attending daycare during the **NEXT** SCHOOL YEAR? If so, **YOU need to submit a new daycare form during the month of MAY**. All daycare is deleted from the systems at the end of each school year. Daycare arrangements are **NOT** carried over automatically for the next year. Next year's daycare forms are now available in the school office or on our website: www.avongrove.org. Questions? Call 610-869-9803.

FROM THE CAFETERIA MANAGER

Just a reminder--Parents/guardians may apply for the Free or Reduced Lunch Program at ANY time during the school year. Please contact Marianne Petrison at 610-869-9803 or the Food Service Director, Beth Julian, at 484-667-4445 for an application.

*Please note--**The menu for June is on the back of May's menu**. This is the last menu for the 2008-2009 school year.

FROM THE PTA

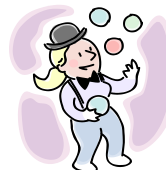
We are currently planning one of our big events of the year. The annual "**Teacher Appreciation Luncheon**" for the Penn London staff will be held on **Tuesday, May 5th**. We offer a really nice lunch for the faculty and staff. If you would like to help by sending something in for the luncheon, please contact Dawn Cinque at DawnCinque@verizon.net / 610-869-8588 or Julie DiVittorio at julie.divittorio@verizon.net /610-869-3614. Thank you.

PLE FIRST ANNUAL HEALTH AND WELLNESS FAIR!

Come join us on **Friday, May 15th** from 5:00-6:30 PM in the PLE gymnasium to learn facts by doing hands-on fun activities promoting staying fit, safe and healthy. Local businesses (YMCA, Saginaw Day Camp, Sedona, Essentials Day Spa, Dragon Gym, Miller Eye Care and more) will be attending to promote healthy living and positive lifestyle choices! Don't miss out on this fun and educational learning experience for the whole family!

FAMILY FUN NIGHT

Mark your calendar for Penn London Family Fun Night on **Friday, May 15** at 6:30 PM (immediately following the Health and Wellness Fair). It's fun, it's free... The kids will enjoy the Juggling Hoffmans as they perform their amazing juggling act. More information will be sent home soon.



HERSHEY PARK TICKETS were sent home via USPS on Wednesday, **April 29**. If you have any questions, please contact Madelyn Farina at sraalvarino@hotmail.com or 610.998.9298. Thank you!

DATES TO REMEMBER

Next week

- May 4-8** Teacher Appreciation Week
- May 5** National Teacher Day
Staff Appreciation Luncheon
Cinco de Mayo
- May 6** National School Nurse Day

Looking ahead

- May 10** Mothers' Day
- May 11-15** National Children's Book Week:
 - 5/11 Read To Me Day
 - 5/12 Character Dress Up Day
 - 5/13 Read Me Day
 - 5/14 Poem In Your Pocket Day
 - 5/15 Book Buddy Day
- May 12** Kindergarten Preview Night
6:00-7:00 PM
PTA Meeting, 7:00 PM
- May 14** School Board Meeting
AGI, 7:30 PM
- May 15** Health & Wellness Fair
5:00-6:30 PM
Family Fun Night, 6:30 PM
- May 18, 19** District Art Show,
AGHS, 6:30-8:00 PM
- May 20** Market Day Pick Up
4:30-5:30 PM
- May 21** Young Authors' Fair Parent Night
3:30-5:30 PM
- May 25** **SCHOOL CLOSED**
Memorial Day
- May 27** Second Graders Visit AGI
- May 28** School Board Meeting
AGI, 7:30 PM

FROM THE READING SPECIALISTS

Book Week will take place Monday, May 11th through Friday, May 15th.

Monday 5/11 - Read TO Me Day - Visitors from the AGSD community will read to students.

Tuesday 5/12 - Character Dress-Up Day - *Students and teachers will dress as book characters. Bring the book so you can tell about it!*

Wednesday 5/13 - Read Me Day - Students and teachers wear clothing with messages to read - sports insignia, buttons, signs.

Thursday - 5/14 - Poem In Your Pocket Day - Parents, share a favorite poem with your child. Each child will carry their poem in their pocket and share the special poem throughout the day.

Friday - 5/15 Book Buddy Day - Classrooms will "buddy up" to read together.

LET'S TALK SAFETY

Keep your family safe this summer by following these tips from the American Academy of Pediatrics (AAP).

SUN SAFETY: The first, and best, line of defense against the sun is covering up. Wear a hat with a three-inch brim or a bill facing forward, sunglasses (look for sunglasses that block 99-100% of ultraviolet rays), and cotton clothing with a tight weave. Stay in the shade whenever possible, and limit sun exposure during the peak intensity hours - between 10 a.m. and 4 p.m. Use a sunscreen with an SPF of 15 or greater. Be sure to apply enough sunscreen - about one ounce per sitting for a young adult. Reapply sunscreen every two hours, or after swimming or sweating.

Use extra caution near water, snow, and sand as they reflect UV rays and may result in sunburn more quickly.

WATER SAFETY: A lifeguard (or another adult who knows about water rescue) needs to be watching children whenever they are in or near the water. Younger children should be closely supervised while in or near the water - use "touch supervision," keeping no more than an arm's length away. ***Never leave children alone in or near the pool, even for a moment.***

Keep rescue equipment (a shepherd's hook - a long pole with a hook on the end - and life preserver) and a portable telephone near the pool. Avoid inflatable swimming aids such as "floaties." They are not a substitute for approved life vests and can give children a false sense of security. Whenever infants or toddlers are in or around water, an adult should be within arm's length, providing "touch supervision."

BICYCLE SAFETY: Buy a bike that is the right size, not one your child has to "grow into." Oversized bikes are especially dangerous. Your child needs to wear a helmet on every bike ride, no matter how short or how close to home. Many accidents happen in drive-ways, on sidewalks, and on bike paths, not just on streets. When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard. A helmet protects your child from serious injury, and should always be worn. A helmet should be worn so that it is level on the head, not tipped forwards or backwards. The strap should be securely fastened, and you should not be able to move the helmet in any direction. If needed, the helmet's sizing pads can help improve the fit.

SKATEBOARD, SCOOTER, IN-LINE SKATING AND HEELYS SAFETY: Children should never ride skateboards or scooters in or near traffic. All skateboarders and scooter-riders should wear a helmet and other protective gear; wrist guards are particularly important. While in-line skating or wearing Heelys, be sure to wear appropriate protective equipment and only skate on designated paths or rinks and not on the street.

LAWN MOWER SAFETY: Try to use a mower with a control that stops the mower from moving forward if the handle is let go. Children younger than 16 years should not be allowed to use ride-on mowers. Children younger than 12 years should not use walk-behind mowers. Do not allow children to ride as passengers on ride-on mowers. Make sure that sturdy shoes (not sandals or sneakers) are worn while mowing. Prevent injuries from flying objects, such as stones or toys, by picking up objects from the lawn before mowing begins. Have anyone who uses a mower wear hearing and eye protection. Do not pull the mower backward or mow in reverse unless absolutely necessary, and carefully look for children behind you when you mow in reverse.

ALL-TERRAIN VEHICLES : Children who are not licensed to drive a car should not be allowed to operate off-road vehicles. Because their nervous systems and judgement have not fully developed, off-road vehicles are particularly dangerous for children younger than 16 years. Don't ride double. Passengers are frequently injured when riding ATV's.

All riders should wear helmets, eye protection and protective reflective clothing. Appropriate helmets are those designed for motorcycle (not bicycle) use, and should include safety visors/face shields for eye protection.

ATVs lack the common safety equipment found on all cars and trucks that are designed for street use. Parents should never permit nighttime riding or street use of off-road vehicles. Flags, reflectors and lights should be used to make vehicles more visible. Young drivers should be discouraged from on-road riding of any 2-wheeled motorized cycle, even when they are able to be licensed to do so, because they are inherently more dangerous than passenger cars.

Source: <http://aappolicy.aappublications.org/cgi/content/full/pediatrics;105/6/1352>

NON-DISCRIMINATION POLICY: The Avon Grove School District is an equal opportunity education institution and will not discriminate in its educational programs, activities, or employment practices on the basis of race, color, creed, national origin, sex, age, religion, ancestry, sexual orientation, handicap/disability, union membership, or other legally protected classification. Announcement of this policy is in accordance with state and federal laws, including Title VI, Title IX, and Section 504. All inquiries should be made to Dr. Wendi Lee Foltz, Director of Personnel, Avon Grove School District, 375 South Jennersville Road, West Grove, PA 19390, (610) 869-2441.