

2010-2011
Jack and Jill
Ice Cream Selections

<i>Gluten</i>	<i>Soy</i>	<i>Milk</i>	<i>PRODUCT</i>	<i>SERVING SIZE (OZ)</i>	<i>SERVING SIZE (g)</i>	<i>CALORIES</i>	<i>CALORIES FROM FAT</i>	<i>TOTAL FAT (g)</i>	<i>% TOTAL FAT</i>	<i>SAT FAT (g)</i>	<i>% SAT FAT</i>	<i>SUGARS (g)</i>	<i>% SUGAR BY WEIGHT</i>	<i>SALE PRICE</i>
		Y	J & J 4 oz sherbet	4	75	120	15	1.5	11.25	1	7.50	18	24.00	\$0.50
Y	Y	Y	J & J Mini RF Ice Cream Sandwich	2.75	50	120	25	2.5	18.75	1	7.50	10	20.00	\$0.50
Y	Y	Y	J & J RF Ice Cream Sandwich	4	70	160	35	4	22.50	1.5	8.44	15	21.43	\$0.75
		Y	J & J RF Van Fudge Push Up	3	51	90	15	2	20.00	0	0.00	11	21.57	\$0.75
		Y	J & J Orange Juice Push Up	3	56	90	5	1	10.00	0	0.00	10	17.86	\$0.75
		Y	J & J Cotton Candy Push Up 3 oz	3	51	90	15	2	20.00	1	10.00	10	19.61	\$0.75
		Y	J & J LF Van/Straw Sundae Cup	3	51	90	15	1.5	15.00	1	10.00	10	19.61	\$0.50
		Y	J & J LF Choc Sundae Cup	3	51	90	15	2	20.00	1	10.00	11	21.57	\$0.50
		Y	J & J Yogurt Cups peach or vanilla	4	67	100	10	2	18.00	1	9.00	15	22.39	\$0.50
		Y	J & J Ice Cream, Creamstix 3oz	3	59	90	20	2	20.00	1.5	15.00	15	25.42	\$0.50
		Y	J & J SM ice cream cup 3oz RF	3	51	90	15	2	20.00	1	10.00	10	19.61	\$0.50
		Y	J & J SM RF Cotton Candy Cup 3 oz	3	51	90	15	2	20.00	1	10.00	11	21.57	\$0.50
Y	Y	Y	J & J RF Cookie & Cream Cone 4 oz	4	82	180	35	3.5	17.50	2	10.00	15	18.29	\$0.90
			AVAILABLE at MS and HS ONLY:											
Y	Y	Y	J & J Cones no nuts	4	68	180	70	8	40.00	5	25.00	14	20.59	\$0.90
	Y	Y	J & J Delux Ice Cream Bar	3	56	170	110	12	63.53	9	47.65	11	19.64	\$0.60
Y	Y	Y	J & J Ice Cream, Chocolate Éclair RF	3	70	120	50	6	45.00	2	15.00	13	18.57	\$0.60
Y	Y	Y	J & J Ice Cream, Strawberry Shortcake	3	70	130	60	6	41.54	2	13.85	15	21.43	\$0.60
		Y	J & J YOO HOO Bar		55	70	5	1	12.86	0.5	6.43	12	21.82	\$1.00